

PUBLIC HEALTH CLINICS

Offer free or reduced cost medical care to eligible residents. For assistance, please call:

Kintegra

A locally run medical clinic for low income, or uninsured residents.

1831 N Fayetteville St. Asheboro, NC 27203

Phone: (336) 672-1300

HOSPITAL CARE

Ask for a pre-admission appointment with the Hospital Financial Counseling Department at area hospitals before choosing a facility. Ask about a credit application.

Randolph Health

364 White Oak St. Asheboro, NC 27204

Phone: (336) 625-5151

PRESCRIPTION MEDICATION ASSISTANCE

Limited financial assistance for the purchase of prescription medication for those who qualify is provided by many of the same agencies that offer financial assistance for rent and utilities, please refer to Previous listing. Additional help with prescriptions can be obtained through Kintegra.

Kintegra

Provides family medical and dental care with services for uninsured patients.

1831 N Fayetteville St. Asheboro, NC 27203

Phone: (336) 672-1300

Randolph Senior Adults Association

NC Dept of Insurance certified counselors offer free unbiased assistance to seniors.

SHIP Medicare Assistance (Seniors Health Insurance Information Program)

347 W Salisbury St. Asheboro, NC 27203

Phone: (336) 625-3389

AID FOR ALCOHOL AND DRUG ABUSE

If the stress of being unemployed has led to alcohol or drug abuse for someone in your family, help is available, please call:

Alcohol & Drug Council of NC

Provides public education designed to end alcohol and drug abuse.

Phone: (800) 688-4232

Email: info@alcoholdrughelp.org

Path of Hope

Operates two licensed residence facilities for recovering males from drug and alcohol addiction. Helping clients achieve a life of sobriety is our goal.

Phone: (336) 248-8914

ADDITIONAL RESOURCES

This pamphlet was prepared by United Way of Randolph County. It is intended to give general information about basic resources that can help while you are out of work. It is not a claim or guarantee for services or payments.

For more information on services or if you need help finding resources in your community and don't know where to turn, NC 211 is the place to start. United Way's NC 211 is an information and referral service that connects North Carolinians to verified resources for basic needs, such as housing and utility assistance, food, healthcare, transportation, and more.

Anyone in North Carolina can make a free and confidential call **2-1-1 (or 888-892-1162)**. A trained Community Resource Specialist will listen, identify needs, and connect callers to local resources that fit their situation. Available in most languages, NC 211 is open 24 hours a day, 7 days a week, 365 days a year. For those unable to make a phone call, the search tool on nc211.org provides detailed and verified information on resources across the state.



HOW TO COPE WITH UNEMPLOYMENT AND PERSONAL CRISIS

Survival Guide Randolph County

YOU ARE NOT ALONE.



THERE IS HOPE.



Survival Guide

Losing your job can be a major crisis, especially when you are responsible for supporting yourself or a family. That is why United Way of Randolph County created this resource guide to help you through this trying time.

Employment Security Commission of NC

Offers job placement assistance, unemployment insurance administration, current labor market information, trade adjustment assistance and job training.

Jobs Line: 800 768 5627

NC Works Career Center Randolph County

A one stop service that offers career planning, training and placement services as well as interviewing workshops, resume counseling, employment and training opportunities.

600 S Fayetteville Street. Asheboro, NC 27203

Phone: (336) 625-5128



CREDIT COUNSELING

Most credit counseling programs counsel individuals having difficulty meeting financial obligations. They assist in contacting creditors, negotiating payment plans, or resolving other difficulties you may have with creditors. They do not provide funds for paying debts. For assistance.

Consumer Credit Counseling

Budget counseling to establish and meet financial goals through savings, and management for basic expenses.

Phone: 866-464-5245

DEBTS AND PAYMENTS

Don't wait until your bills are due. Seek assistance now. You may not find another job right away, and it is crucial to plan to meet your basic needs right away. There are programs that can help you pay your past-due utility bills or rent.

Phone: Dial 2-1-1

Bank and Creditors

Notify creditors immediately that you are unemployed and short of income. Companies will work with you by adjusting payments during this period.

Home Mortgage

Contact your mortgage lender and attempt to negotiate a reduced payment agreement so you won't be penalized during the time of unemployment.

Utilities

Such as gas, water, and electricity are important services for the health of you and your family. Take the time to discuss your situation with these companies to see if a payment plan can be worked out for you.

Christian United Outreach Center

Offers short term emergency assistance with food, clothing, utilities, car payments, and rent.

135 Sunset Ave. Asheboro, NC 27204

Phone: (336) 625-1500

The Salvation Army

Offers programs for rent, utilities, prescriptions, food, clothing, temporary shelter, emergency disaster services, medical information assistance, and bible based pastoral counseling.

345 N. Church St. Asheboro, NC 27205

(336) 625-0551

PUBLIC ASSISTANCE

Assistance is out there to help you and your family. Call CARE-LINE, NC Department of Health and Human Services, at **(800) 662-7030** to determine your eligibility.

LEGAL SERVICES

Provides free civil legal services to eligible applicants. For assistance with legal services.

Legal Aid of North Carolina

Offers legal assistance to low-income individuals.

122 N. Elm St. - Greensboro, NC 27402

Phone: (336) 272-0148 or (800) 951-2257

SCHOOLS

It is a good idea to inform the personnel at your child's school during the period you are out of work so all concerned will be alert to possible problems. Some assistance through the school may be available, such as:

Free/reduced breakfast & lunch

Apply at your child's school

HEALTH SERVICES

Group health and accident insurance coverage is usually terminated shortly following layoff - often in 30 days or less. You should check with your employer to see if you are eligible for COBRA. If you are eligible you can maintain insurance coverage for a period of time by paying the premium personally. Some families may also qualify to receive health insurance assistance for their children.

Randolph County Health Department

2222-S Fayetteville St. - Asheboro, NC 27205

(336) 318-6200

Daymark Recovery Services

110 Walker Avenue - Asheboro, NC 27203

(336) 633-7000

Randolph Senior Adults Association

Assistance for senior adults.

3347 W Salisbury Street. Asheboro, NC 27203

(336) 625-3389

Medicare Information

1-800-633-4227