HEALTHY COMMUNITIES

Everyone Deserves An Opportunity to Live Their Healthiest Life



United Way Improves Access To

- Healthy foods
- Safe opportunities for physical and social activity
- Quality health care
- Services helping the elderly remain active, independent, and safe
- In-home care and minor home-repair services from Regional Consolidated Services enabled
 117 clients to live safely and independently in their own homes.
- Thanks to YMCA scholarships, 21 children experienced the joy of summer camp, and 298
 people gained access to fitness activities and classes to improve their health.
- With meals, transportation, Medicare Options counseling, social activities, and respite adult day care, Randolph Senior Adults Association offered a better quality of life to 5,539 people.

After receiving "Meals on Wheels" at home for two years, she transitioned to the congregate lunch program at the Senior Adults Center.

Besides enjoying a meal with friends, she really likes exercising, the "brain games", trivia games, and just being out of the house. A great plus is that the physical activities line up with the activities her doctor recommended.

Because of the social interaction at the Senior Adults Center, she feels far less isolated, and much more involved in society.



COMMUNITY

Communities That Are Prepared for Emergencies Can Build a Secure Future



United Way Services Step in With

- Help and hope
- Disaster relief and recovery
- Crisis hotlines and support
- The American Red Cross Disaster Team provides disaster victims with emergency food, shelter, clothing, and medicines, and guides them through the months-long recovery.
- As well as medical emergency and automobile accident response, Ash-Rand Rescue & EMS
 personnel are certified in wilderness, swift-water, industrial, and high or low-angle rescue.
- NC211 Crisis Hotline offers free and confidential local information on emergency counseling, disaster assistance, food, health care, insurance, stable housing, employment services, veterans services, and family services.

Improving Lives Every Day





Every Young Person Deserves The Opportunity To Thrive



Every Person Deserves The Opportunity To Become Self-sustaining and Financially Secure



United Way Supports

- Quality childcare and early childhood education
- Essential literacy skills
- After school and summer enrichment opportunities
- College and career readiness
- Family engagement
- Central Boys and Girls Club offers after school mentoring, homework assistance, tutoring, and technology assistance for more than 200 students, ages 6-18.
- This year, 775 students depended on CIS BackPack Pals for food each weekend. Another 509 received much needed encouragement and support from caring mentors.
- In county-wide 4-H Science and Agriculture programs, 9,514 students learned to put their STEM skills to practical use.
- Boy Scouts helps 209 local boys learn valuable life skills, leadership, environmental stewardship, and self-reliance.
- The Partnership for Children served 376 children, from birth through age 5, with quality child care, school readiness, and early literacy programs.

The Mentor/Mentee relationship can be a powerful one.

This had been a difficult year for this 8th grader. She had been removed from her home by DSS and transferred from a school in Asheboro to a school in Randolph County. She had been working with the same Communities In Schools mentor since the 4th grade.

When she was asked how she felt about making the move, her first question was whether her mentor could continue to work with her in her new school. When she found out that yes, that would happen, she said "then I am okay with the move."



MUDDI BUMM! MUDDI

Uniited Way Helps People Gain

- Knowledge and skills to manage income and savings
- Skills and education for good-paying jobs that can sustain a family
- Security through home-ownership
- Christians United Outreach Center Crisis Intervention Services offered 14,805
 people short-term assistance with food, clothing, and safe shelter, and helped with
 rent, transportation, and utility payments. CUOC also offered financial management
 classes to help clients learn to budget and manage their money and become less
 aid-dependent.
- Guidance and help from The Salvation Army Financial Crisis Program helped 20,496 people avoid being evicted or having their water or electrical services disconnected.

When her work hours were temporarily cut, she could only make partial payments on her electric bill. She set up a payment plan, but when she missed a payment, she received a disconnect notice.

In desperation, she reached out to NC 211 and was referred to CUOC and approved for short-term assistance. Her hours are back to normal now, and she is able to meet her financial needs on her own.

CUOC gave her the help she needed to get back on her feet and sustain her household without additional assistance.

