



THE HUMAN RACE

Saturday, March 18, 2023

Participation Instructions

1. Register Your Team!

Fill out the Participation Agreement for your team and return it to the Volunteer Center as soon as possible to register your team and get all the latest information and updates about the race.

2. Get Sponsors!

The Human Race brochure includes a registration form and contribution form. Each team member will need to fill out the registration form. Be sure to include the non-profit receiving your donations on the form. All checks need to be made out to **The Human Race** and must include your team's name. List your sponsors on the contribution form!

3. Return Your Forms and Money!

Anyone returning at least \$30 in donations will receive a **2023 Human Race T-shirt!** All runners wishing to be timed for the race will need to return at least \$30 to cover the cost of the electronic timing. There is no fee for walking or running without being timed. All teams need to turn in their money and forms by Tuesday, March 13th -14th 2023 in order to properly register their runners and ensure they receive their T-shirts.

4. Come to the Race!

Come to Bicentennial Park on Saturday, March 18 ready to have fun! Registration begins at 9:00am, and runners will need to pick up their numbers and bibs at the registration table. Any individual runners registering the day of the race will have their donations go to The Volunteer Center.

Plans for a participant celebration are being made.